

REFORMER PILATES **TIMETABLE**

5 July 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00am	REFORMER Claire		REFORMER Ally		REFORMER Jackie		
7:00am							
7:30am						REFORMER Sherina	
8:30am	REFORMER Claire	REFORMER Nicole	REFORMER Ally	REFORMER Libby	REFORMER Libby	REFORMER Sherina	
9:30am	REFORMER Claire	REFORMER Nicole		REFORMER Libby	REFORMER Libby	REFORMER Mya	

4:30pm	REFORMER Keeley		REFORMER Mya		REFORMER Claire		
5:30pm	REFORMER Keeley	REFORMER Sara	REFORMER Mya	REFORMER Sara			

- Timetable subject to change based on instructor availability.
- Please make sure you arrive at least 5 minutes before the starting time, as instructors will not allow entry to any latecomers. This ensures all classes continue to run on time and don't impact later sessions.
- Please bring your own towel to each class and to wipe down equipment using provided sanitation products after use.

LOFTUS
recreation centre